



Coaching Prep Sheet

All great coaches have a plan of action to help their team succeed!

Consider using the prompts below to guide your coaching sessions with your Advocate.

These prompts are great to use in combination with powerful coaching questions to assist them in overcoming barriers and challenges and help them in reach their advocacy goals.

What feelings does the Advocate have about:

- How their personal life might be effecting their advocacy. Anything exciting, pressing, or tough going on in their own lives
- How the case is progressing
- The professionals and stakeholders that they work with
- The work they have done so far
- The values, beliefs, cultural differences of the child and/or family?
- The abuse and neglect the child(ren) has experienced?
- Anything else?

What positive events have happened with the case?

- What notable achievements have happened for the child(ren)?
- What changes have been made to ensure the child(ren) is safe and happy?
- What insight can the CASA Advocate provide about the positive changes that they have seen in the case?
- Anything else?

What other events have happened with the case?

- Anything they wish that had gone differently and how that has impacted how they will move forward in the future?
- What decisions have the CASA Advocate make that made an impact on case outcomes?
- What concerns does the CASA Advocate have about the case or the parties involved?
- Are there disempowering beliefs the Advocates holds that effects their sense of optimism?
- Anything else?

What future events would the advocate like to see happen in the case?

- What visits or meetings need to be made to promote **FIERCE ADVOCACY**?
- What goals would the CASA Advocate like to set for the next time period?
- What are the strategies the CASA Advocate will use to meet those goals?
- Anything else?

What are some areas where the Advocate could use support?

- What are the challenges and barriers that are preventing the CASA Advocate from providing **FIERCE ADVOCACY**?
- What information is missing that they may like to have and/or need?
- Is there anything they are unsure of or need clarity on?
- Does Advocate need any clarification in their role or expectations?
- Does the Advocate have fears or worries about the case or parties involved?
- What areas can you help the Advocate focus on, or what motivation can you provide to help them succeed?