# YOUR EXPERIENCE CAN SUPPORT YOUTH IN FOSTER CARE



Too many LGBTQ youth come out to family members only to face rejection, hatred, and violence. Those facing the most extreme levels... are often forced out of their homes, or will run away, becoming homeless or entering the foster care system."

- THE HUMAN RIGHTS CAMPAIGN

 30% of youth in the child welfare system identify as LGBTQ+ compared to 11% of youth not in foster care.

**ONCE IN THE CHILD WELFARE SYSTEM**, LGBTQ+ youth also experience worse outcomes:

- Intensified bias, discrimination, and harassment
- Increased physical and sexual violence
- Poorer school functioning
- Heightened health risks
- Elevated probability of depression and substance use
- Greater likelihood to be placed in a group room or unaccepting foster homes leading to a higher risk of running away and homelessness

## HOW YOU CAN HELP

### AS A CASA VOLUNTEER, you will

advocate for the unique needs of youth in the child welfare system by:

- SUPPORTING youth through tough moments and challenging experiences
- **SUGGESTING** safe and affirming foster placements
- MAKING sure physical and mental health assessments are completed and any health needs care needs are understood and met
- **ESTABLISHING** supportive connections including family, friends and community organizations
- INCREASING their sense of safety and belonging by recognizing their whole self and validating their experiences
- VERIFYING educational supports are in place

#### LEARN MORE OR SIGN UP TO VOLUNTEER

Take the first step to making a difference in the life of a youth in foster care by visiting **WWW.BECOMEACASA.ORG.** 

### EVERY CHILD HAS A CHANCE – IT'S YOU®

