

## RESOURCES FOR ADVOCACY & ENGAGEMENT: Children with Incarcerated Parents

The following resources provide educational information to support children with parents who are incarcerated along with tips for engaging in important conversations. These tools explore the stigma children and families experience, and supportive ways to promote healing. The guidance and suggestions in these materials are subject to local program policies and practices. Please seek your supervisor for guidance.

### ENGAGEMENT ACTIVITIES

#### SESAME STREET IN COMMUNITIES

Offers bilingual printables, videos and more on topics to help the families you work with

#### BREATHE, THINK, DO WITH SESAME APP

Bilingual interactive activities to help practice self control, deep breathing, problem solving skills and more (ages 2-5)

### TIPS TO SUPPORT CHILDREN

#### SESAME STREET: INCARCERATION APP

Includes tips for caregivers, age-appropriate language to use (ages 3-8), coping strategies and videos featuring real families

#### HEALTHYCHILDREN.ORG

Offers information about the C.A.R.E.S. approach to help support resiliency

### AWARENESS & ADVOCACY RESOURCES

#### DFPS INCARCERATED PARENTS RESOURCE GUIDE

#### TOOL KIT FOR ATTORNEYS A LEGAL PERSPECTIVE PAGES 125 - 126

#### CHILD WELFARE INFORMATION GATEWAY

#### HEALING FROM PARENTAL INCARCERATION TEDx

### BOOKS FOR CHILDREN WITH AN INCARCERATED PARENT

#### IMAGINATION SOUP

#### PRAGMATIC MOM

#### NRCCFI BOOK & FILM RECOMMENDATIONS

#### *Demetri Makes a Memory Quilt*

This culturally sensitive book tells the story of a young boy whose mom is in prison. With the help of his family, he embarks on a creative healing process and explores ways to connect with his mom.