



I&T Visitation Bag Guide

Generally Included items across age ranges:

- Blanket
- Lavender lotion (Hypoallergenic Baby Massage)
- Different textured/types of Balls
- Bubbles
- Stuffed animal (tag removed)
- Books (Black & white, Crinkle, textured)
- Larger fidget toys
- Foam/soft Letters or numbers
- Crayons & Paper

Zero-1:

- Wooden puzzles
- Bottles
- Rattles
- Teething toys
- Chunky Musical toys
- Diapers
- Wipes
- Dissolvable snacks, cheerios

One-Three:

- Balls
- Stacking toys
- Blocks
- Shape Sorters
- Counting Bears
- Chunky puzzles
- Musical toys/books
- Bean bags (Different shapes/fruit etc.)
- Salty healthy snacks and sweet healthy snacks/soft candy

Three-Five:

- Puzzles
- Blocks
- Larger Legos
- Pretend play toys (Fruit, toolsets etc)
- Busy Boards
- Larger Cars/mobile toys
- Counting Bears
- Kinetic sand/play dough
- Soft Candy (Sweet, sour)
- Salty snacks
- CFE or Go Fish cards
- Chalk
- Matching Cards/Flash Cards

**All of these toys are applicable for children with special needs but additionally you can add favorited toys or sensory rich/avoidant toys. Ex. Textured, musical, light up)*

Homemade Toys/Activities:

- Bags with whip cream or shaving cream inside and food coloring
- Balloons with Orbeez inside
- Salt dough (salt, water and flour)
- Water bottle with food coloring and beads or glitter)
- Puff craft balls and paper towel tube
- Beans/rice with food coloring in a bowl
- Pots/pans with a wooden spoon
- Ice on a pan with food coloring
- Touch & Feel box (Kleenex box with different items inside, guess the item)

Get Creative! Anything can be fun!